### **COVID-19** information for Correctional Services

COVID-19 symptoms can develop within

2 to 14

days of exposure



Cough

Sore throat



Fever



Shortness of breath

Headache

Other symptoms include:
Body aches and pains Weakness or fatigue Severe respiratory distress

There is no specific treatment or vaccine for COVID-19.

COVID-19 can only be diagnosed with a laboratory test.

#### You could get the virus if:

- You come into close contact with someone who has the virus and is coughing.
- You touch an object or surface with the virus on it, then touch your mouth, nose or eyes before washing your hands.

## **Protect yourself and others**







Practice good hand and respiratory hygiene.

## **Correctional services staff should**



Screen offenders for COVID-19 symptoms upon intake and isolate persons who are symptomatic.



Maintain good hand hygiene.



Avoid touching your face while working.



Wear PPE when transporting or caring for suspected or known COVID-19 offenders.



Regularly clean and disinfect high traffic areas and known contaminated areas.



Monitor for signs of illness and if symptoms develop, self-isolate, follow the advice of NICD and inform your manager.

#### Wash your hands well

- Wash for around 20 seconds.
- When washing your hands with soap and warm water, do not forget to wash in-between your fingers and the backs of your hands.



# What to do if you suspect you have been exposed to COVID-19

 Alert your manager and occupational health clinic immediately for further evaluation.







For more information contact

NICD: 080 002 9999

www.nicd.ac.za

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Information in this infographic is correct as at 19 March 2020. Please consult NICD, NIOH, WHO and CDC websites for updated information.