



NATIONAL HEALTH  
LABORATORY SERVICE

# GeneXpert MTB/RIF

## Progress Report

October 2013





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## **1. Background to Project**

This project was initiated at the request of the Honorable Minister of Health, Dr Aaron Motsoaledi, in early 2011, following the World Health Organization's strong recommendation published in December 2010 which stated that "the new automated DNA test for TB be used as the initial diagnostic test in individuals suspected of MDR-TB or HIV/TB". In essence this comprises the majority of TB suspects in South Africa. A pilot study was proposed by the TB Cluster within the National Department of Health (NDoH) while a project feasibility study was being performed with due diligence.

The pilot study was initiated in microscopy centres. The NDoH requested that at least 1 instrument be placed in each province, preferably in high burden districts. Selections were made by the TB cluster, with twenty-five microscopy centres being selected and a total of 30 instruments placed.

The NDoH funded 9 GX16 and 14 GX4 instruments for the project. FIND (The Foundation for Innovative New Diagnostics) donated 6 GX4 analysers and the Infinity or GX48 was supported by PEPFAR Right to Care funds. All instruments were placed by World TB day March 24 2011. This placement represented about 10% of national coverage. The basis for the calculations was an assumption that 2 smears at diagnosis would be replaced by 1 Xpert® MTB/RIF assay. All instruments were interfaced to the NHLS Laboratory Information System (LIS) allowing for troubleshooting and data collection.

Since then, 283 GeneXpert instruments of varying sizes (GX4: 95; GX16:186; GX48: 1; GX80:1) have been placed in 207 sites – both urban and rural settings, by the National Priority Programmes of the NHLS and the NDoH, the progress of which is described in point 6 below.

## **2. Assays performed to date**

In summary, a total of 2,144,333 specimens have been processed to date (31 October 2013). In October 166,366 specimens were processed. The total % of *Mycobacterium tuberculosis* complex (MTBC) detected in this cohort was 11.63% (19,341). As a reflection of Xpert MTB/RIF's superior sensitivity over microscopy, the average national TB positivity rate among suspects was found to be

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3 | Disclaimer: This is a dynamic dataset requiring regular updating and although correct in the vast majority cases, the reader should be aware that the figures reported can change slightly as the linkages are updated

8% using microscopy but up to 16-18% in the first year and 13-14% in the second and third year, after introduction of Xpert® MTB/RIF assay. To date Kwa-Zulu Natal (KZN) has performed the greatest number of tests which is probably as a result of the number of instruments placed (refer to tables 1 & 2). Average Rifampicin resistance detection rates have remained around 7% since project inception (Refer to tables 3 & 4).

**Table 1: GeneXpert MTB Results by province (cumulative)**

Province	Year	MTB Detected	MTB Not Detected	Test Unsuccessful	Total	% MTB Detected
Eastern Cape	2011	3 296	15 413	555	19 264	17.11
Eastern Cape	2012	16 040	85 575	2 892	104 507	15.35
Eastern Cape	2013	35 468	249 903	8 218	293 589	12.08
Free State	2011	2 844	14 831	33	17 708	16.06
Free State	2012	11 631	77 087	280	88 998	13.07
Free State	2013	12 146	116 454	1 035	129 635	9.37
Gauteng	2011	3 049	18 727	424	22 200	13.73
Gauteng	2012	10 960	72 349	2 267	85 576	12.81
Gauteng	2013	23 806	168 153	6 570	198 529	11.99
Kwa-Zulu Natal	2011	12 226	45 944	1 729	59 899	20.41
Kwa-Zulu Natal	2012	24 446	138 967	6 116	169 529	14.42
Kwa-Zulu Natal	2013	34 155	238 081	13 623	285 859	11.95
Limpopo	2011	1 975	17 261	172	19 408	10.18
Limpopo	2012	3 993	30 710	688	35 391	11.28
Limpopo	2013	11 161	157 344	5 326	173 831	6.42
Mpumalanga	2011	2 639	12 763	1 107	16 509	15.99
Mpumalanga	2012	4 044	21 959	1 118	27 121	14.91
Mpumalanga	2013	7 728	46 563	1 908	56 199	13.75
North West	2011	3 476	14 887	657	19 020	18.28
North West	2012	5 174	29 005	1 976	36 155	14.31
North West	2013	9 974	76 885	4 117	90 976	10.96
Northern Cape	2011	2 864	16 117	735	19 716	14.53
Northern Cape	2012	4 440	23 653	1 192	29 285	15.16
Northern Cape	2013	6 524	42 922	2 220	51 666	12.63
Western Cape	2011	2 204	10 093	31	12 328	17.88
Western Cape	2012	13 202	68 428	596	82 226	16.06
Western Cape	2013	25 454	137 681	2 515	165 650	15.37
<b>Total</b>		<b>294 919</b>	<b>1 947 755</b>	<b>68 100</b>	<b>2 310 774</b>	<b>12.76</b>



**Table 2: GeneXpert MTB Results by province (01-31 October 2013)**

Province	MTB Detected	MTB Not Detected	Test Unsuccessful	Total	% MTB Detected
Eastern Cape	3 713	27 568	788	32 069	11.58
Free State	1 220	11 198	117	12 535	9.73
Gauteng	2 900	18 864	516	22 280	13.02
Kwa-Zulu Natal	4 279	31 131	1 210	36 620	11.68
Limpopo	1 168	15 869	390	17 427	6.70
Mpumalanga	1 075	6 758	214	8 047	13.36
North West	1 146	9 103	414	10 663	10.75
Northern Cape	625	4 528	178	5 331	11.72
Western Cape	3 215	18 012	167	21 394	15.03
<b>Total</b>	<b>19 341</b>	<b>143 031</b>	<b>3 994</b>	<b>166 366</b>	<b>11.63</b>

**Table 3: Provincial GeneXpert RIF Results in MTB detected cases (01-31 October 2013)**

Province	Inconclusive	Resistant	Sensitive	No Rif Result	Total	% RIF Resistant
Eastern Cape	146	250	3 311	6	3 713	6.73
Free State	23	55	1 138	4	1 220	4.51
Gauteng	154	174	2 562	10	2 900	6.00
Kwa-Zulu Natal	130	372	3 693	84	4 279	8.69
Limpopo	16	47	1 096	9	1 168	4.02
Mpumalanga	18	103	953	1	1 075	9.58
North West	32	70	1 044		1 146	6.11
Northern Cape	17	48	560		625	7.68
Western Cape	69	159	2 987		3 215	4.95
<b>Total</b>	<b>605</b>	<b>1 278</b>	<b>17 344</b>	<b>114</b>	<b>19 341</b>	<b>6.61</b>



**Table 4: Provincial GeneXpert RIF Results in MTB detected cases (cumulative)**

Province	Year	Inconclusive	Resistant	Sensitive	No RIF Result	Total	% RIF Resistant
Eastern Cape	2011	33	251	2958	53	3 295	7.62
	2012	213	1096	14597	134	16 040	6.83
	2013	1054	2364	31920	130	35 468	6.67
Free State	2011	28	154	2661	1	2 844	5.41
	2012	162	736	10707	26	11 631	6.33
	2013	339	681	11107	19	12 146	5.61
Gauteng	2011	25	174	2849	1	3 049	5.71
	2012	135	760	9995	70	10 960	6.93
	2013	757	1540	21461	48	23 806	6.47
Kwa-Zulu Natal	2011	107	923	11134	62	12 226	7.55
	2012	434	2207	21553	252	24 446	9.03
	2013	925	2984	29953	293	34 155	8.74
Limpopo	2011	25	148	1777	25	1 975	7.49
	2012	52	267	3599	75	3 993	6.69
	2013	272	588	10197	104	11 161	5.27
Mpumalanga	2011	31	210	2392	6	2 639	7.96
	2012	57	407	3504	76	4 044	10.06
	2013	187	792	6727	22	7 728	10.25
North West	2011	40	304	3128	4	3 476	8.75
	2012	66	390	4704	14	5 174	7.54
	2013	254	563	9128	29	9 974	5.64
Northern Cape	2011	28	197	2637	2	2 864	6.88
	2012	64	273	4093	10	4 440	6.15
	2013	157	356	5724	287	6 524	5.46
Western Cape	2011	15	106	2082	1	2 204	4.81
	2012	150	657	12393	2	13 202	4.98
	2013	618	1288	23547	1	25 454	5.06
<b>Total</b>		<b>6 228</b>	<b>20 416</b>	<b>266 527</b>	<b>1 747</b>	<b>294 918</b>	<b>6.92</b>

### 3. Rif Concordance

Rifampicin concordance is good for both LPA and culture. The data is skewed by reporting the GeneXpert immediately, but still have to wait for MGIT and LPA results.

**Table 5: Rif Concordance by LPA or DST**

		GeneXpert Confirmation & Rif Concordance									
Province	Rif Resistant Cases	Cultures					LPA				
		Confirmed		Rif Concordance		Pre-analytical	Confirmed		Rif Concordance		Indeterminate
		#	%	#	%		#	%	#	%	
EC	3 814	186	4.9%	109	58.6%	0	648	17%	588	90.7%	2
FS	1 476	78	5.3%	38	48.7%	0	342	23%	233	68.1%	57
GP	2 765	99	3.6%	76	76.8%	0	425	15%	364	85.6%	7
KZN	5 318	1 227	23.1%	1 140	92.9%	0	1 247	23%	981	78.7%	40
LP	998	74	7.4%	66	89.2%	0	184	18%	123	66.8%	2
MP	1 330	232	17.4%	220	94.8%	0	355	27%	286	80.6%	3
NW	1 051	50	4.8%	40	80.0%	0	186	18%	146	78.5%	13
NC	770	65	8.4%	39	60.0%	2	146	19%	100	68.5%	11
WC	1 832	25	1.4%	3	0.0%	0	1 239	68%	1 162	93.8%	4
<b>National</b>	<b>19 354</b>	<b>2 036</b>	<b>10.5%</b>	<b>1 731</b>	<b>85.0%</b>	<b>2</b>	<b>4 772</b>	<b>25%</b>	<b>3 983</b>	<b>83.5%</b>	<b>139</b>

### 4. Errors

Average error rate has ranged consistently below 3%, however 1/9 provinces reported error rates above 3% in the month of October. There has been a significant improvement in the in the number of errors reported due to hardware failures of the modules reported by laboratories. Details of the invalid results, which likely represent sample issues remains below 1%. These are being monitored regularly and corrective action implemented where necessary.

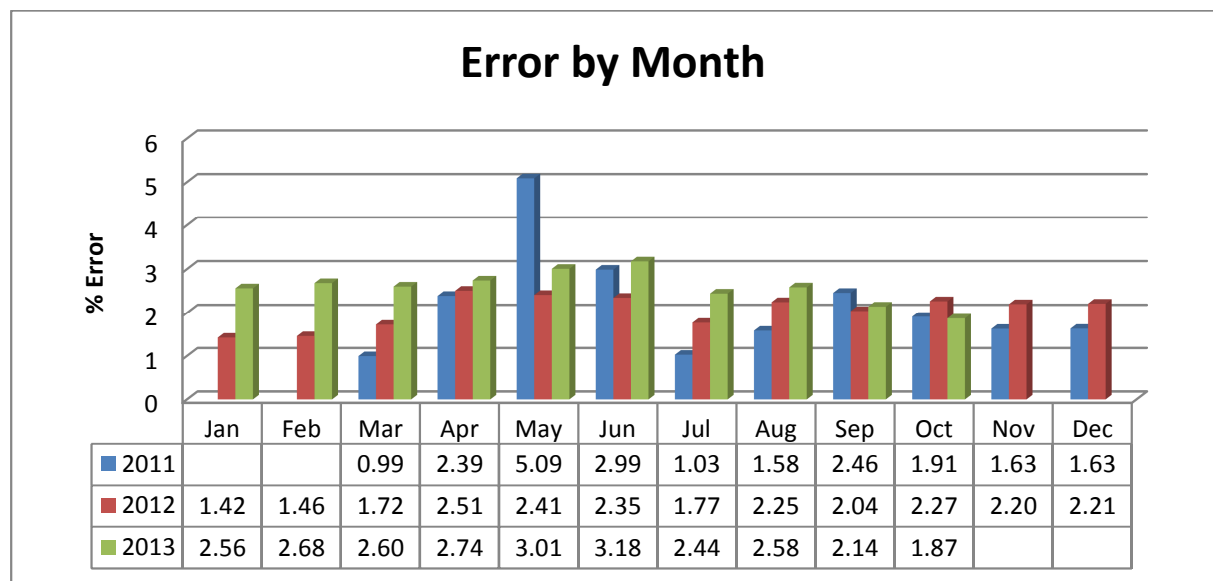
**Table 6: Number of Unsuccessful Tests and Reasons (1-31 October 2013)**

Province	ERR	INV	NORES	NULL	MTB Results	Grand Total	% Error
Eastern Cape	585	85	118		31 313	32 101	1.82
Free State	103	14			12 423	12 540	0.82
Gauteng	450	51	15		21 773	22 289	2.02
Kwa-Zulu Natal	882	276	50	2	35 558	36 768	2.40
Limpopo	310	71	9		17 078	17 468	1.77
Mpumalanga	177	33	4		7 835	8 049	2.20



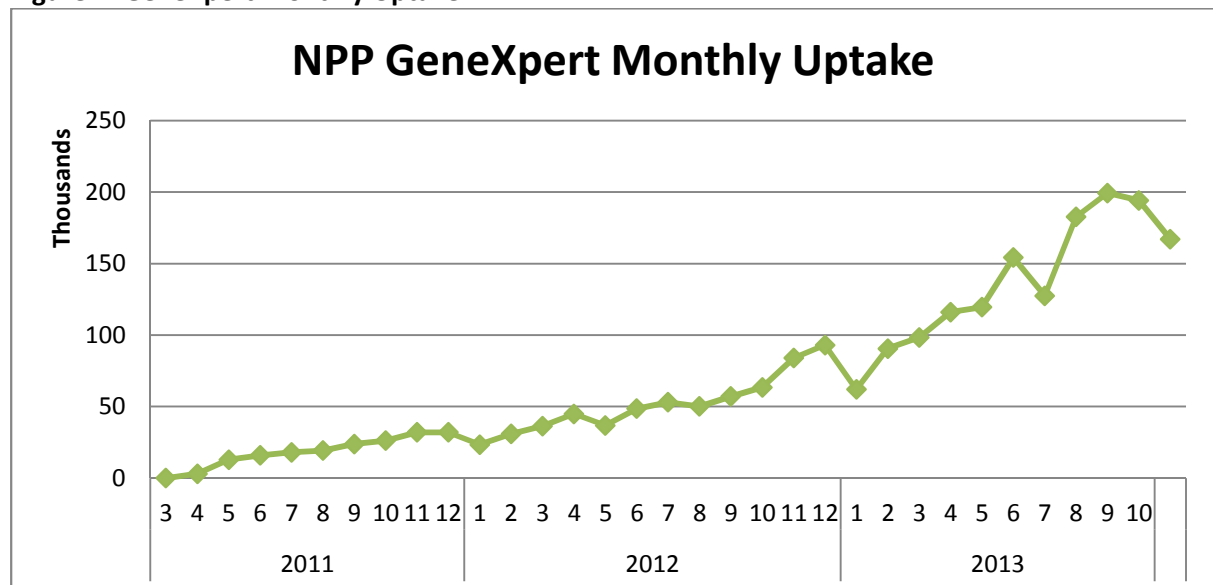
North West	369	31	14		10 254	10 668	3.46
Northern Cape	94	81	3		5 153	5 331	1.76
Western Cape	139	22	5	1	21 811	21 978	0.63
<b>Grand Total</b>	<b>3 109</b>	<b>664</b>	<b>218</b>	<b>3</b>	<b>163 198</b>	<b>167 192</b>	<b>1.86</b>

**Figure 1: GeneXpert Error by Month**



**5. Monthly uptake since implementation started**

**Figure 2: GeneXpert Monthly Uptake**





Monthly uptake increased steadily since program inception. There was a significant decrease in the number of tests conducted in the month of September and October. CDW experienced problems with data loading from TrakCare Lab since the beginning of November. The problem has since been rectified however CDW is still loading the backlog of data. Once all the data has been loaded, CDW will then re-run and re-distribute the dashboard. The main reason for interruptions is due to the variation in work practices which is expected during the December period.

## 6. Further project phases as defined in the NTCM model

**Phase I** completed and reported on in the section above.

**Phase IIa** involves full capacitation of existing labs: Completed

**Phase IIb:** Full capacitation of high burden districts. Completed

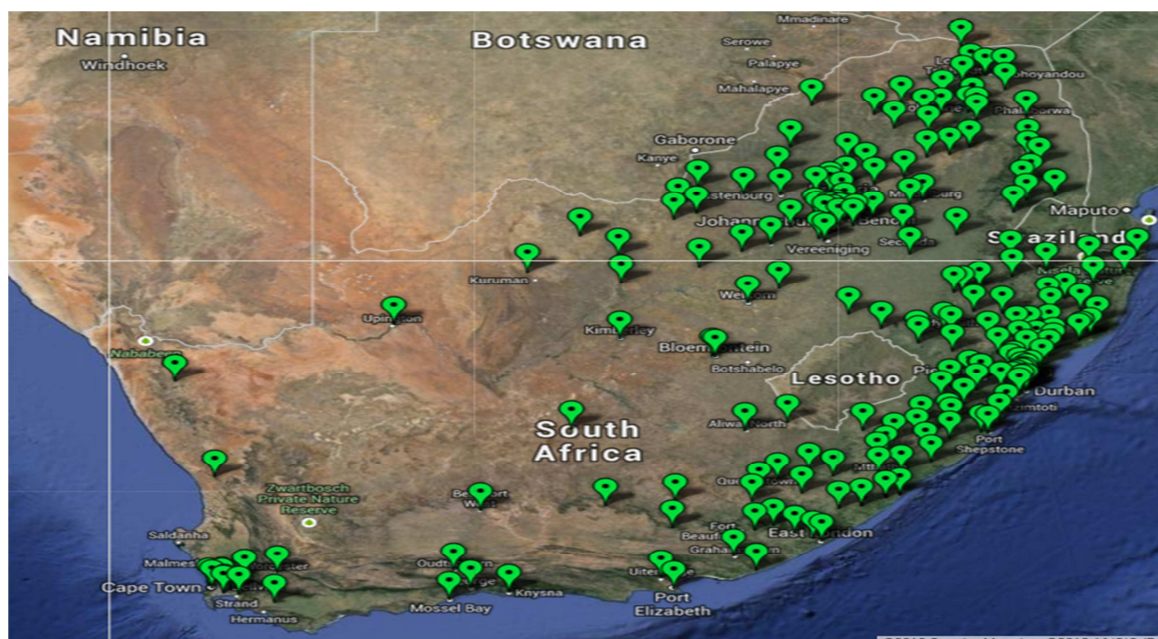
**Phase IIIa and b:** Gates funded study (Gauteng, EC and Free State). Completed

**Phase IIIc:** ensuring all districts have a minimum of 1 instrument per district: Completed

**Phase IIId:** Completion of all current microscopy and clinic sites: Completed

## 7. Phased Implementation Progress

**Figure 3:** Current GeneXpert Placement (207 testing centers, 283 analysers, Gx4: 95; Gx16-8: 1; Gx16: 185; GX48:1; GX80-80: 1) \*20 clinic placements



## 8. Training: Laboratory and Clinical

A total of 976 laboratory staff and 4,987 health care workers have been trained since December 2011. This will be an ongoing process to support NDoH training on clinical algorithm. Laboratory staff received both clinical and technical training.

30 participants from 30 GeneXpert testing laboratories within the NHLS across the nine provinces attended a four day HBDC Advanced GeneXpert Training organized by the National Priority Programs of the NHLS in collaboration with Cepheid. The course conducted from 15 to 18 October 2013 at Wits Medical School, Johannesburg, South Africa.



**Back:** Nozipho Qakaza (Rustenburg), Tsholofelo Maditse (Moses Kotane), Yonas Ghebrekristos (Grooteschoor), Dawn Kennedy (Port Elizabeth), Tania Dolby (Greenpoint), Thabo Mashupye (Edenvale), Mpila Modungoa (Mmamethlake), Sanele Masina (Ermelo), Nhlanhla Dlamini (Addington), Tsoaeli Tsoaelinyana (Bethlehem), Cecil Napier (Kokstad), Ezekiel Kubheka (Kroonstad), Benjamin Rademeyer (Carletonville),  
**Middle:** Mona Johnson (Kimberley), Lydia Matlala (Polokwane), Mpho Nkhahle (Huhudi), Matshidiso Makoala (Welkom), Florah Shibambo (TAD), Precious Nyathikazi (Madadeni), Zandile Mbotho (Bela-Bela), Siphon Xulu (Piet Retief)  
**Front:** Nandi Rooi (Queenstown), Dinah Marobela (Tzaneen), Nazley Matthews (Universitas), Puseletso Tlaka (Tambo Memorial), Sonwabo Solo (St Barnabas), Leana Gertse (Oudtshoorn), Simphiwe Buthelezi (Eshowe), Sivuyile Yamba (Cofimvaba)

The Advanced GeneXpert Training course was intended to give participants knowledge of the GeneXpert technology and its applications in diagnostic and research settings, highlighting differences between this technology and the currently available TB diagnostic tools in South Africa. Topics covered by this comprehensive training course include regulatory compliance and adherence to good laboratory practices, personnel qualifications and responsibilities, establishment and verification of test performance specifications, preparation and processing of clinical molecular samples, quality control practices, proficiency testing and alternative performance assessment, test reports and quality management practices.

#### 9. Challenges identified during the course of the project to date

- Delay in training health care workers, especially doctors whose availability is limited, on clinical algorithm: is being addressed
- Rollout of EGK to avoid duplications
- Multiple specimens submitted for initial diagnosis using the GeneXpert in the Free State: being addressed with the provincial coordinator.

#### 10. Literature Update For GeneXpert

There has been an expansion of the literature with respect to the assay performance. The highlights are summarized in the table below:

**Table: Recent publications (GeneXpert for pulmonary TB and extrapulmonary TB)**

Manuscript	Aim/Sample population and specimen type (n=...)	Results	
		Sensitivity	Specificity
Boulware DR. PloS Med, 2013	Review article	Discusses the challenges of diagnosing tuberculous meningitis and the implications of the study by Patel and colleagues using the Xpert MTB/RIF assay for diagnosis.	



Theron et al, Lancet, 2013	Pragmatic, randomised, parallel-group, multicentre trial: recruited adults with symptoms suggestive of active tuberculosis from five primary-care health-care facilities in South Africa, Zimbabwe, Zambia, and Tanzania Randomly assigned n=758 patients to smear microscopy (182 culture positive) and 744 to Xpert MTB/RIF (185 culture positive).	<ul style="list-style-type: none"> <li>Point-of-care MTB/RIF had higher sensitivity than microscopy (83% vs 50%) but similar specificity (95% vs 96%).</li> <li>Xpert at POC had similar sensitivity to laboratory-based MTB/RIF (83%) but higher specificity (92%).</li> <li>N=34 (5%) of 744 tests with point-of-care MTB/RIF failed.</li> <li>N=82 (6%) of 1411 with laboratory-based MTB/RIF failed (p=0.22).</li> <li>Compared with the microscopy group, more patients in the MTB/RIF group had a same-day diagnosis</li> </ul>	
Kwak et al, PloS One, 2013	N=681 patients in whom Xpert MTB/RIF assay was requested were retrospectively reviewed	Xpert sensitivity for diagnosis of PTB = 79.5% PPV = 100%	Xpert specificity = 100.0% NPV = 94.0%
		Median time to treatment after initial evaluation was 7 (4-9) days in patients with Xpert MTB/RIF assay, but was 21 (7-33.5) days in patients without Xpert MTB/RIF assay	
Walusimbi S et al, BMC Infect Dis, 2013	A systematic review and meta-analysis of publications on GeneXpert, or MODS, or the WHO 2007 algorithm for diagnosis of SN-PTB, using culture as reference test was performed.	The pooled sensitivity for detection of smear-negative pulmonary tuberculosis: 67% for GeneXpert, 73% for MODS, 61% for WHO 2007 algorithm	The pooled specificity for detection of smear-negative pulmonary tuberculosis: 98% for GeneXpert 91% for MODS 69% for WHO 2007 algorithm
Patel et al, PLoS Med, 2013	N=235 CSF specimens from South-African patients with a meningeal-like illness. Comparison to a smear and a clinical score	Sensitivity of Xpert MTB/RIF = 62% Sensitivity of smear microscopy = 12% Sensitivity of CS = 30%	
		MTB/RIF sensitivity was higher when centrifuged versus uncentrifuged samples were used (82% [62%-94%] versus 47% [31%-61%]; p = 0.004).	



Ablanedo-Terrazas Y et al, Laryngoscope, 2013	N=68 cervical lymph nodes from HIV positive patients.	Xpert MTB/RIF sensitivity = 100% (95% CI, 74.65%-100%)	Specificity = 100%
Lawn et al, BMC Med, 2013	N=602 ambulatory patients enrolling for antiretroviral treatment in South Africa	sensitivity of sputum microscopy was 26.7% overall. Rapid diagnosis from sputum (Xpert) and/or urine (TB-LAM) samples was possible in >80% of patients in sub-groups with poor prognosis (either CD4 counts <100 cells/uL, advanced symptoms, CRP concentrations >200 mg/L or hemoglobin <8.0 g/dl)	

## 11. Update on GeneXpert Research projects:

### 11.1. GeneXpert Verification and EQA program using Dried Culture spots (DCS)

- n=250 DCS panels are in the process of being produced for verification of the India GeneXpert program.
- Phase 3 of the national NHLS GeneXpert EQA has been manufactured for early November roll-out.
- In collaboration with PATH we are in the process of commercialisation of the verification and EQA material for TB Xpert testing globally. This has the support of both the NHLS and the University of the Witwatersrand, the WHO and the CDC.
- TBGxMonitor™ ([www.tbgxmonitor.com](http://www.tbgxmonitor.com)) is about to undergo an upgrade to include EQA reporting functionality for national and international EQA programs along with a minor functionality upgrade.
  - The first of the minor updates has been completed.
  - The national reporting template has been finalized and will be implemented in November along with a number of system upgrades to automate the reporting process for EQA.
  - The website content is to be updated with SOP's, training material and additional information regarding the EQA programme.

### 11.2. Diagnosis of Extrapulmonary TB (EPTB) using the GeneXpert MTB/RIF



A study to determine whether a modified GeneXpert protocol which will not involve addition of SR buffer, can be used to increase the diagnostic sensitivity of the Xpert MTB/Rif assay for clear watery fluid types among aspirates and fluids.

- To date: approximately 170 EPTB clear watery fluids have been tested.

### 11.3. *Connectivity solutions for the GeneXpert*

- Connectivity: Collaboration with Cepheid ongoing
  - i. Remote connectivity – System deployed on 180 instruments to date with over 1,291,320 results live on the dashboard. The NHLS are currently underway with completing the national enrolment of laboratories on the dashboard.
  - ii. Cepheid are finalizing a list of sites to participate in a new pilot program to test and evaluate the new Xpert Monitor Software and Dashboard which is to be compatible with the NHLS proxy.

## 12. Update on other projects

### ***Grand Challenges Canada project: Multiple POC HIV/TB integration feasibility project***

GCC is a three year project to investigate the feasibility of integrating multiple POC testing for HIV and TB (using the Xpert MTB/RIF test) integration of services in an active ARV treatment clinic. This will involve a randomized controlled trial at 3 clinic sites to compare standard of care and Point of care. Enrolment is complete and patients are being followed-up for one year.

- *Sub-studies within GCC*
  - **Investigating blood volumes obtained from finger stick:** In collaboration with Northwestern University. Aim of the study is to investigate if 150ul of blood can be obtained from a new finger stick collection device.
  - Investigating **alternative media** (Hemaform plates, Primestore tubes and a thicker DBS cards) **for blood specimen collection/storage and transport** to centralized laboratories for VL testing. Patient recruitment complete. Abbott testing of media is underway.
  - **Laboratory validation** of a rapid strip based test for **HIV/Syphilis** (SD Bioline):



- n=170 syphilis samples tested
- n=160 HIV samples tested
- A external HIV and syphilis panel has also been tested

Results will be compared to routine lab testing.

- **Laboratory validation** of a new POC chemistry system the **Epoc** (Alere): Protocol complete and ethics obtained. Awaiting instrument from Alere
- **Clinical validation** of nurse operated **Liat (IQuum)** VL testing at POC on finger stick specimens: Protocol is complete and ethics obtained. n=100 patients have been recruited into the study and tested on-site for VL. Data analysis is underway with comparison to laboratory VL Roche platform
- **Laboratory validation of Primestore technology with flocked swabs** to determine the ease and accuracy of flocked swab technology for collecting and transporting finger stick blood specimens for centralized VL testing. Study ongoing.
- **Laboratory Comparison of Genotype MTBDRplus versions 1 and 2 using DCS.** This comparison will be performed using DCS material in order to determine the reproducibility of results using either version of the MTBDRplus assay. This will be initiated during October.
- **DNAGenotek Evaluation.** A novel liquification, storage and nucleic acid extraction reagent set for sputa will be evaluated in the laboratory and clinically. Protocol and ethics is under development
- **GCC Connectivity**
  - Data analysis on the captured information for the connectivity is underway.
  - AegisPOC and Conworx will be review in an attempt to identify the transcription error rate present when manually capturing results.



### 13. Funding

**Table 9: Total and Percentage Contribution to date by Donor**

<b>Donor</b>	<b>% Contribution</b>
NDoH	24.04
Bill & Melinda Gates Foundation	7.20
TB Reach	1.42
MSF	0.90
FIND	0.45
USAID	2.45
CDC NHLS 2010/11	14.78
CDC NDoH	0.72
CDC NHLS 2011/12	1.39
Dr. Niebauer	0.20
Global Fund NDOH	40.91
Global Fund RTC	2.78
CDC NDoH	2.77
<b>Subtotal</b>	<b>100</b>

CDC has contributed 19, 65% towards the program to date.

### 14. Recent Campaigns

NHLS collaborated with the DOH in organizing and providing services in support of the Parliament HIV Counseling and Testing (HCT) Campaign Launch that was held on 22-23 October 2013.